



## 12 Spiritual Life Review Questions

1. What has tested your faith lately? How have you worked through this?
2. How does your faith guide what you do?
3. Are you spending time on those things that are important to you?
4. What are you currently spending time on that you'd rather not?
5. What life changes or nudges of the soul are calling you now?
6. What most excites you and makes you want to get up in the morning?
7. What have you done in the past to live your life by design rather than default?
8. Describe what is the next wonderful expression of your life fully realized.
9. How do you work with your Spirit Guides? If you don't, would you like to?
10. Name five things that fill you with gratitude and five things that amaze you about your life
11. What is your growing edge now in your life? (those patterns or beliefs that you need to re-examine or change to achieve what you want)
12. What are you willing to do to fulfill your soul contracts and your deeper hunger?