

VALUES CLARIFICATION EXERCISE

All of the following values are worthwhile. Check your top 10 values.

Then indicate what you believe your Department's top 5 values are (put a * or star for those values of your Dept.).

- ___ACHIEVEMENT (sense of accomplishment by means of skills, practice, perseverance, or exertion)
- ___ADVANCEMENT (moving forward in your career through promotions)
- ___ADVENTURE (work which frequently involves risk taking or travel)
- ___AESTHETICS (involved in studying or appreciating the beauty of ideas, things, etc.)
- ___AUTONOMY (work independently, determine the nature of your work without significant direction from others)
- ___CARING (love, affection)
- ___CHALLENGE (stimulates full use of your potential)
- ___CHANGE & VARIETY (varied, frequently changing work responsibilities and/or work settings)
- ___COMPETITION (your abilities against others where there is a clear win/lose outcome)
- ___COOPERATION (opportunity to work as a team toward common goals)
- ___CREATIVITY (being imaginative, innovative, coming up with ideas)
- ___ECONOMIC SECURITY (having enough money)
- ___EXCITEMENT (experience a high degree of, or frequent excitement in your work)
- ___FAMILY HAPPINESS (being able to spend quality time and develop relationships with family)
- ___FRIENDSHIP (develop close personal relationships)
- ___HEALTH (physical and psychological well-being)
- ___HELP OTHERS (be involved in helping people in a direct way, individually or in a group)
- ___HELP SOCIETY (do something to contribute to improve the world)
- ___INNER HARMONY (being at peace with oneself)
- ___INTEGRITY (sincerity and honesty)
- ___INTELLECTUAL STATUS (be regarded as an expert in your field, thought of as smart)
- ___KNOWLEDGE (understanding gained through study and experience)
- ___LEADERSHIP (influence over others, rather lead than follow)
- ___LEISURE (have time for hobbies, sports, activities and interests)
- ___LOYALTY (steadfastness and allegiance)
- ___POWER (authority, control)
- ___PURPOSE (finding greater meaning and purpose in your life)
- ___PRECISION (work in situations where there is little tolerance for error)
- ___RESPONSIBILITY (being accountable for results)
- ___RECOGNITION (getting acknowledged for your contribution)
- ___STABILITY (work routine and have largely predictable duties, not likely to change over a long period of time)
- ___TIME FREEDOM (flexible work schedule, no specific work hours required)
- ___WEALTH (profit, gain, make a lot of money)
- ___WISDOM (clarity and insights)